

Inspired by Poetry To Live and Write Well

A Personal Development and Creativity Course – Starts August 2021



Images by Claire Russell, a previous course participant

Want to continue 2021 with renewed purpose?
Plan to nurture your creativity and commit to the practice of writing or Art making?
Keen to undergo a personal transformation journey?
Would like support from fellow creatives?
Want to focus on the positive and connect to hope in the midst of a pandemic?

If the answers are yes, read on ...

Join us for a **six week online poetry appreciation, writing and personal development journey** designed and facilitated by Juliette Gyure, an internationally accredited leadership and life coach, storyteller and poet and owner of Far Sight Coaching.

This experiential course will connect you to poetry as a powerful language for unlocking and expressing your creativity. Even people who do not see themselves as poets might write poetry within a supportive environment. Others will express their creativity through prose, the visual arts, music, dance or drama. The aim is to become your best, most fulfilled creative self.

Life coaching questions and six group facilitated conversations will assist you in continuing into 2021 with courage, creativity and resourcefulness. Your fellow participants and facilitator will support, give feedback and encourage you.

Dates and Times for August/September 2021 course

Morning (Tuesdays) (09H00 – 10H30 SAST): August 24; 31; September 7; 14, 21 and 28

Evening (Wednesdays) (18H00 – 19H30 SAST): August 25; September 1; 8; 15; 22; October 1st

Cost of the course: ZAR 1,000.00 / 60 \$/100 AUD/ £55 (Discounted rate available on application)

Included:

- Course materials
- Access to six interactive modules created on Articulate Rise 360, a dynamic, interactive learning platform
- Six group coaching sessions via Zoom
- Email communication with Juliette around your creative journey and writing
- A whatsapp thread for sharing and supporting one another
- The option of contributing to an anthology of writing and accompanying art work.

To book your spot or to ask questions and preview of the course, contact Juliette at juliettegyure@gmail.com or phone 076 285 8579. To read what past participants said about the course go to <https://farsightcoaching.co.za/inspired-by-poetry-live-and-write-well/>

Tell me what it is you want to do with your one wild and precious life? (Mary Oliver)