

# *Inspired by Poetry To Live and Write Well*

## *A Personal Development and Creativity Course – 4 courses in 2021*



Images by Claire Russell, a previous course participant

Want to continue 2021 with renewed purpose?  
Plan to nurture your creativity and commit to the practice of writing or Art making?  
Want to live your best life so far?

If the answers are yes, read on ...

Join us for a **six week online poetry appreciation, writing, life direction and personal development journey** designed and facilitated by Juliette Gyure, a life coach, storyteller and poet.

This experiential course will connect you to poetry as a powerful language for unlocking your creativity. Even people who do not see themselves as poets might well write poetry within a supportive environment. Others may express their creativity through the Visual Arts, music, dance or drama. The aim is to become your best, most fulfilled creative self.

Life coaching questions and six group facilitated conversations / creativity sessions will assist you in continuing into 2021 with courage, creativity, resilience and resourcefulness. Your fellow participants and facilitator will support, give feedback and encourage you.

### **Dates and Times for 2021**

Contact Juliette at [juliettegyure@gmail.com](mailto:juliettegyure@gmail.com) for dates and times of the four 2021 courses

**Cost of the course:** ZAR 1,200.00 / \$90/110 Australian Dollars/ £70 (Discounted rate available on application)

#### **Included:**

- Course materials
- Access to six modules created on Articulate Rise 360, a dynamic, interactive platform
- Six group coaching sessions via Zoom
- Email communication with Juliette around your creative journey and writing
- A Whatsapp thread for sharing and supporting one another
- The option of contributing to an anthology of writing and accompanying art work.

**Preview the course now Go to** <https://rise.articulate.com/share/c5lZrjbq48JGHLZU8c7inkkdSO4iFFj>

To book your spot, contact Juliette at [juliettegyure@gmail.com](mailto:juliettegyure@gmail.com) or phone 076 285 8579. To read what past participants said about the course go to the home page of [www.farsightcoaching.co.za](http://www.farsightcoaching.co.za)

***Tell me what it is you want to do with your one wild and precious life? (Mary Oliver)***