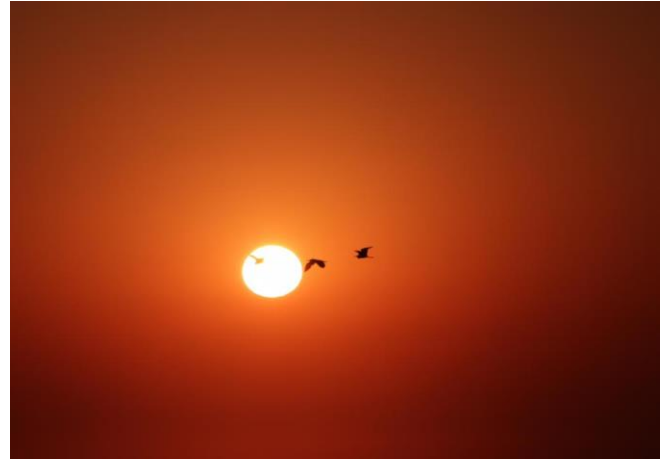


# *Preparing for 2021: Inspired by Poetry To Live and Write Well*

## *A Personal Development and Creativity Course starting February 4th*



Images by Claire Russell, a previous course participant

Want to start 2021 with renewed purpose?  
Plan to nurture your creativity and commit to the practice of writing or Art making?  
Want to live your best life so far?

If the answers are yes, read on ...

Join us for a **six week online poetry appreciation, writing, life direction and personal development journey** designed and facilitated by Juliette Gyure, a life coach, storyteller and poet.

This experiential course will connect you to poetry as a powerful language for unlocking your creativity. Even people who do not see themselves as poets might well write poetry within a supportive environment. Others may express their creativity through the Visual Arts, or music. The aim is to become your best, most fulfilled creative self.

Life coaching questions and six group facilitated conversations / creativity sessions will assist you in entering into 2021 with courage and creativity. Your fellow participants and facilitator will support, give feedback and encourage you.

### **Dates and Times beginning February 4 2021**

Morning (09H00 – 10H45 SAST): Feb 4; 11; 18<sup>th</sup>; 25; March 4; March 11

Evening (18H00 – 19H45 SAST): Feb 4<sup>th</sup>; 11<sup>th</sup>; 18<sup>th</sup>; 25<sup>th</sup>; March 4<sup>th</sup>; March 11

**Cost of the course:** ZAR 1,200.00 / \$90/110 Australian Dollars/ £70

### **Included:**

- Course materials
- Access to six modules created on Articulate Rise 360, a dynamic, interactive platform
- Six group coaching sessions via Zoom
- Email communication with Juliette around your creative journey and writing
- A Whatsapp thread for sharing and supporting one another
- The option of contributing to an anthology of writing and accompanying art work.

**Preview the course now Go to** <https://rise.articulate.com/share/c5lZrjbq48JGHLZU8c7inkkdSO4iFFj>

To book your spot, contact Juliette at [juliettegyure@gmail.com](mailto:juliettegyure@gmail.com) or phone 076 285 8579. To read what past participants said about the course go to the home page of [www.farsightcoaching.co.za](http://www.farsightcoaching.co.za)