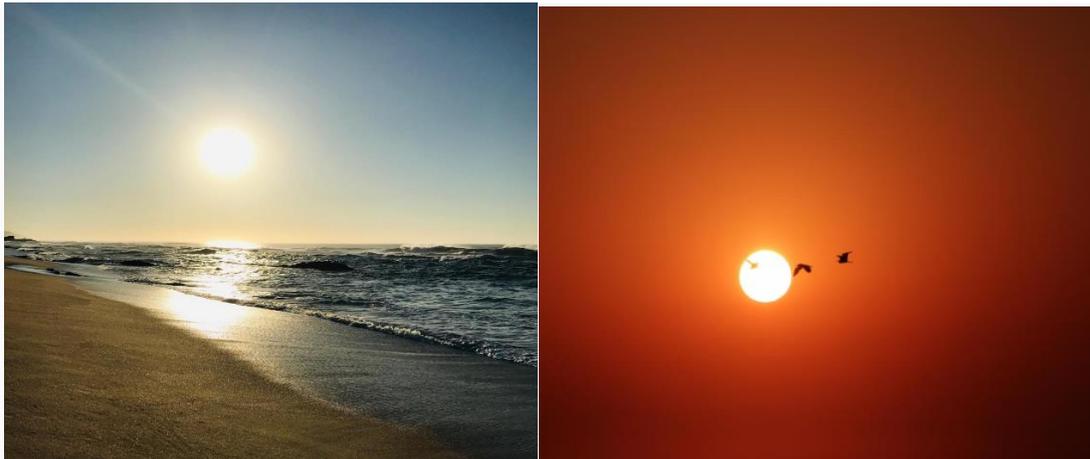


Inspired by Poetry: Live and Write Well

Ignite your creativity



(Thanks to Claire Russell, a participant on a previous course, for these photos taken during the module, Inspired by Nature.)

Join us for a six week online poetry appreciation, writing, life direction and personal development journey designed and facilitated by Juliette Gyure, a life and leadership coach accredited by the *International Coach Federation*, and a storyteller and poet.

This experiential course will engage you in thinking about the craft of writing poetry and connect you to poetry as a universal language for integrating head, heart, body and spirit. Even people who do not see themselves as poets might find themselves writing poetry within a supportive environment. Some may prefer other expression of their creativity including any of the visual or dramatic arts, and other forms of writing. The point is not about becoming a poet but about becoming your best creative self.

The life coaching questions woven into the course and the six group coaching sessions will assist you in navigating change and transition in this season of your life.

Dates and Times: 3 November 2020 – 08 December 2020
6 Sessions, Tues mornings: 9 am to 10.30 am SAST time

This course includes: Course materials; access to six modules created on Articulate Rise 360, a dynamic, interactive platform; six group coaching sessions around core themes and e mail communication with Juliette around your journey.

Preparation for the group sessions: After each face-to-face/Zoom session you will receive a link to the module on the Articulate Rise platform for the upcoming week. Your journey through the material will take approximately two hours per week – you can spend as much or as little time as you have.

To find out more about the course and how to enrol click on this link which will take you to the preview of the course on the Articulate Rise 360 platform:

<https://rise.articulate.com/share/L1ibOKRR0JFiz8vo0NRSPcmNkUza1-w>

To book your spot, contact Juliette at juliettegyure@gmail.com Bank details will be sent .To find out more about Far Sight Coaching go to www.farsightcoaching.co.za